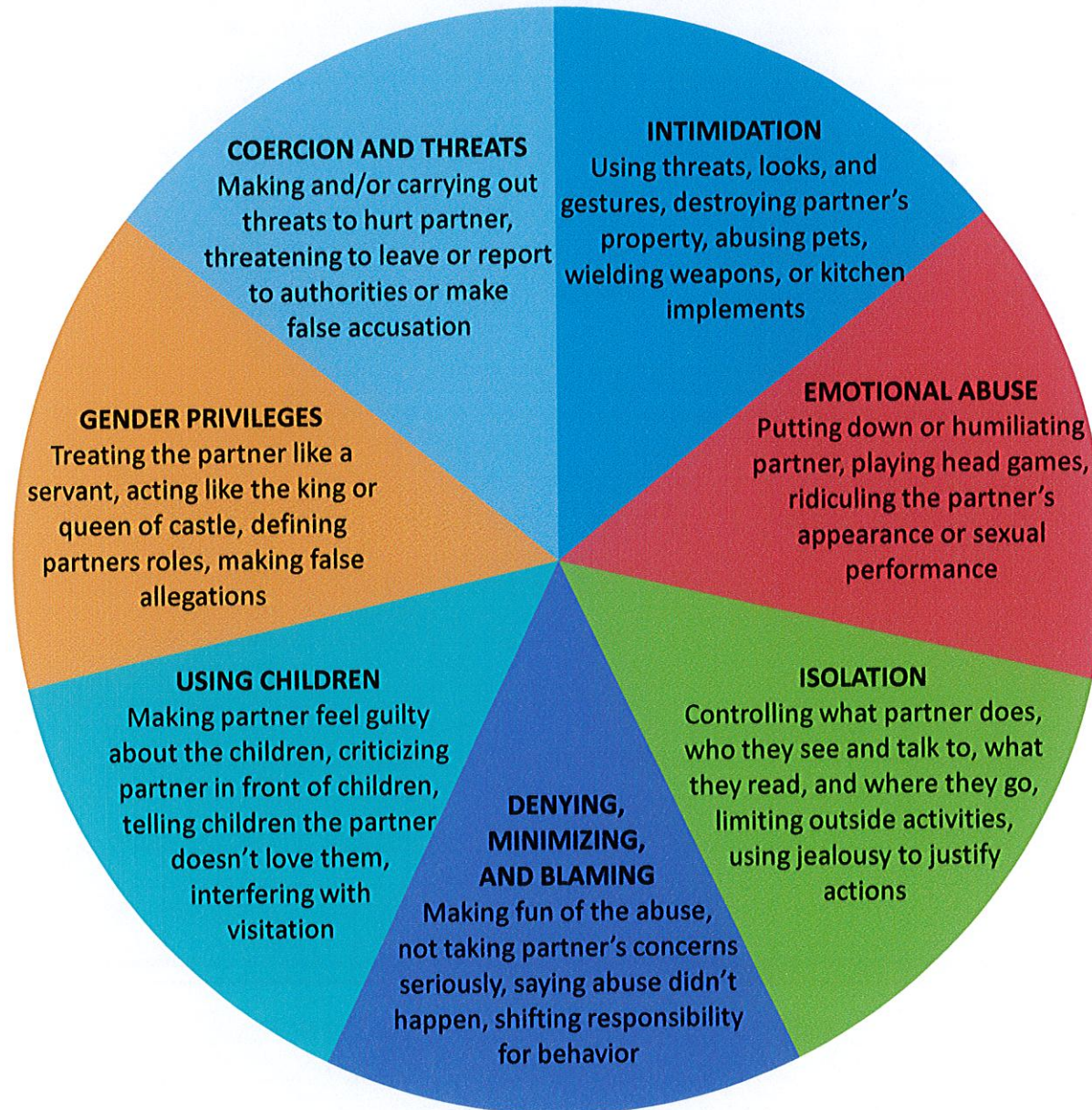


# Power and Control

Physical and sexual assaults, or threats, are often linked to other abusive behaviors and can instill the fear of future violence, allowing the abuser to take control of the partner's life. The Power and Control Wheel is a helpful tool to understand the overall pattern of abusive and violent behavior.



# Equality and Non-Violence

